

# CHECK IT OUT

EVERYBODY NEEDS TO HAVE  
REGULAR ANNUAL CHECK-UPS  
FOR CHOLESTEROL LEVEL  
FROM THE AGE OF 20.



## WE HEALTHY HEARTS!

Every workplace should have fast access to an Automated External Defibrillator. AlSCO offers your business an easy-to-use and effective AED at a convenient, low monthly cost.



FREE Healthy Heart Posters: [www.alscofirstaid.com.au](http://www.alscofirstaid.com.au)

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First Aid